

**COMMUNITY ACTION CORPORATION OF SOUTH TEXAS  
SENIOR SERVICE PROGRAM**

**SERVICES AVAILABLE:**

**SENIOR CENTERS**-Encourage a sense of community among older citizens.

**NUTRITION**-Nourishing meals, served at nutrition sites or delivered to the home bound elderly.

**TRANSPORTATION:** To senior centers, doctor's appointments, shopping, recreational activities

**HEALTH SCREENING**-Physical monitoring services such as blood pressure and diabetes checkups.

**INFORMATION AND REFERRAL**-Assistance in obtaining information about state or local services.

**RECREATION**-Activities such as dancing, parties, computer games, card games.

**PHYSICAL FITNESS**-Daily exercise activities.

Activities center on the health and well being of seniors at the Senior Service Centers. Social activities vary from center to center.

**Jim Wells County:**

**Alice Senior Service Center**  
501 So. Reynolds  
361-664-0115  
Alice, Texas 78332 **9:30 am to 2:30 pm**

**Orange Grove Senior Service Center**  
116 Eugenia  
361-384-9522  
Orange Grove, Texas 78372 **9am to 2pm**

**Premont Senior Service Center**  
109 W. Main  
361-348-3766  
Premont, Texas 78375 **8:30 am to 3:30 pm**

**Sandia Senior Service Center**  
Hwy 359  
361-547-3837  
Sandia, Texas 78372 **9 am to 2 pm**

**Brooks County:**

**Alaniz Senior Service Center**  
500 W. Travis  
361-325-9052  
Falfurrias, Texas 78355 **9:30 am to 2:30 pm**

**San Patricio County:**

**Gregorio Martinez Center**  
123 E Laredo (corner of Laredo and Bee St.)  
361-547-6232 **9:30 am to 2:30 pm**  
Mathis, Texas 78368

**Odem Senior Center**  
700 Cook St.  
361-368-3178 **9 am to 2pm**  
Odem, Texas 78370

**Aransas Pass Senior Ctr.**  
250 S. 13<sup>th</sup> St.  
361-758-6313 **9 am to 2 pm**  
Aransas Pass, Tx. 78366

**Portland Senior Center**  
601 Wildcat Dr.  
361-643-9431 **9 am to 2 pm**  
Portland, Texas 78374

**Gregory Senior Center**  
103 Granjeno  
361-643-4864 **10 am to 1 pm**  
Gregory, Texas 78359

**Ingleside Senior Center**  
2850 Main St.  
361-776-2605 **8 am to 2 pm**  
Ingleside, Texas 78362

**ELIGIBILITY:**

Persons 60 years and older; the spouse of an elderly participant, regardless of age. A disabled resident of a housing facility where congregate meals are provided; Disabled and lives with the person participating in the meals program; a volunteer at the nutrition site in accordance with OAA standards.

**HOW TO APPLY:**

Contact any local Senior Service Center in Jim Wells, Brooks and San Patricio Counties or the Director of Senior Service at 361-664-0145 ext. 226 in Alice, Texas.

**DOCUMENTATION REQUIRED: IDENTIFICATION**

**Voluntary contributions are encouraged to defray costs and expand services. Suggested amounts range from \$0.25 to \$0.75**